

Family Relations, Prevention and Wellness Health and Human Sciences

Degree Path - Catalog 2022-2023

Fall 1	Credits	Success Marker	Spring 1	Credits	Success Marker
ENGL 103*	3	*C or better	ENGL 203*	3	*C or better
COMS 100	3		GE: Nature & Technology	3	
GE: Creativity & Critcal Analysis	3		PSYC 102	3	
GE:Nature & technology	3		Elective	3	
SOCI 170	3		STAT 100	3	
JNIV 101	1				
Fotal hours	16		Total hours	15	
Notes/Comments:			Notes/Comments:		·
Fall 2	Credits	Success Marker	Spring 2	Credits	Success Marker
IDFS 280	3	 Successfully meet NIU math core competency 	HDFS 230	3	
GE: Creativity & Critical Analysis	3	ompoondy	Elective	3	
Elective:	3		Elective	3	
Elective:	3		Elective	3	
HDFS 180	3		HDFS 284	3	
Fotal hours	15		Total hours	15	
	1				
Fall 3	Credits	Success Marker	Spring 3	Credits	Success Marker
HDFS 343	3		SOCI 260 or PSYC 372 or WGSS 350 or BKST 200	3	Success Marker
IDFS 343 Choose 1 course from from List 1	3 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155,	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course	3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course	3	List 1: Choose one of the following:	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200	3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201 , NUTR 405, or	3 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course	3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201 , NUTR 405, or PHHE 406	3 3 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course Sub Emphasis Course	3 3 3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201 , NUTR 405, or PHHE 406 Elective: 300/400 Level Fotal hours	3 3 3 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course Sub Emphasis Course EPS 307 or NUTR 405 or PSYC 466 HDFS 384 or HDFS 488 Total hours	3 3 3 3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201 , NUTR 405, or PHHE 406 Elective: 300/400 Level Fotal hours	3 3 3 3 3 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course Sub Emphasis Course EPS 307 or NUTR 405 or PSYC 466 HDFS 384 or HDFS 488	3 3 3 3 3 3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201 , NUTR 405, or PHHE 406 Elective: 300/400 Level Fotal hours	3 3 3 3 3 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course Sub Emphasis Course EPS 307 or NUTR 405 or PSYC 466 HDFS 384 or HDFS 488 Total hours	3 3 3 3 3 3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201, NUTR 405, or HHE 406 Elective: 300/400 Level Fotal hours Notes/Comments: Fall 4	3 3 3 3 3 15	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC 305	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course Sub Emphasis Course EPS 307 or NUTR 405 or PSYC 466 HDFS 384 or HDFS 488 Total hours Notes/Comments:	3 3 3 3 3 3 15	Success Marker
ADFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201, NUTR 405, or PHHE 406 Elective: 300/400 Level Total hours Notes/Comments: Fall 4	3 3 3 3 3 3 15 Credits	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC 305	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course Sub Emphasis Course EPS 307 or NUTR 405 or PSYC 466 HDFS 384 or HDFS 488 Total hours Notes/Comments: Spring 4	3 3 3 3 3 3 15 Credits	Success Marker
IDFS 343 Choose 1 course from from List 1 Sub Emphasis Course IDFS 207, NUTR 201, NUTR 405, or HHE 406 Elective: 300/400 Level Inters/Comments: Fall 4 IDFS 445 Elective: 300/400 Level	3 3 3 3 3 15 Credits 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC 305	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course Sub Emphasis Course EPS 307 or NUTR 405 or PSYC 466 HDFS 384 or HDFS 488 Total hours Notes/Comments: Spring 4 HDFS 484	3 3 3 3 3 3 15 Credits 3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201 , NUTR 405, or HHE 406 Elective: 300/400 Level Fotal hours Notes/Comments: Fall 4 HDFS 445 Elective: 300/400 Level HDFS 477	3 3 3 3 3 3 15 Credits 3 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC 305	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course Sub Emphasis Course EPS 307 or NUTR 405 or PSYC 466 HDFS 384 or HDFS 488 Total hours Notes/Comments: Spring 4 HDFS 484 COUN 400, PSYC 316 or 465	3 3 3 3 3 3 15 Credits 3 3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201, NUTR 405, or PHHE 406 Elective: 300/400 Level Total hours Notes/Comments: Fall 4 HDFS 445 Elective: 300/400 Level HDFS 477 HSCI 460 or PSYC 305	3 3 3 3 3 3 15 Credits 3 3 3 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC 305	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course EPS 307 or NUTR 405 or PSYC 466 HDFS 384 or HDFS 488 Total hours Notes/Comments: COUN 400, PSYC 316 or 465 Elective: 300/400 Level	3 3 3 3 3 3 15 Credits 3 3 3 3	Success Marker
HDFS 343 Choose 1 course from from List 1 Sub Emphasis Course HDFS 207, NUTR 201 , NUTR 405, or PHHE 406 Elective: 300/400 Level Total hours Notes/Comments:	3 3 3 3 3 15 Credits 3 3 3 3 3 3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC 305	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200 Sub Emphasis Course Sub Emphasis Course EPS 307 or NUTR 405 or PSYC 466 HDFS 384 or HDFS 488 Total hours Notes/Comments: Spring 4 HDFS 484 COUN 400, PSYC 316 or 465 Elective: 300/400 Level HDFS 483	3 3 3 3 3 15 Credits 3 3 3 3 3 3	

Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.

Sub Emphasis Course Selection (9) in consultation with advisor